



Autumn & Winter Nursery Menu 2018

Week 1 of 3

Allergens: We have clearly marked all allergens on this menu, including vegetarian dishes with a (V). For the allergens please see key below these menus. If you have any questions regarding the nursery menu, please speak to a member of the management team.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast A selection of cereal, toast, fruit and yoghurt is available every morning				
Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)
Lunch Chicken Curry with mixed rice & Naan bread (1,2,7,13) Fruit Platter	Lunch Beef stew & dumplings with seasonal vegetables (1,2,4,7,13) Treacle sponge & custard	Lunch Chef's roast of the day with Mash potato & seasonal vegetables (1,7,13) Yoghurts	Lunch Cheese & broccoli quiche with potatoes & peas (1,2,4,7) Scones with jam & cream	Lunch Sausage casserole with potatoes & seasonal vegetables (1,2,7) Autumn Fruit crumble & custard
Afternoon Tea Ham Carbonara with peas and sweetcorn (1,7,13) Strawberry whip	Afternoon Tea Beans on toast (2) Fruit Platter	Afternoon Tea Pitta pockets with a selection of fillings & salad (2,7) Chocolate flapjack	Afternoon Tea Cheese wedges with spaghetti (7) Fruit Platter	Afternoon Tea Rolls with a selection of fillings & salad (2,7) Fruit Jelly

This Menu will be served on weeks commencing: 1/10/18, 22/10/18, 12/11/18, 3/12/18, 31/12/18, 21/1/19, 11/2/19, 4/3/19 and 25/3/19
On week commencing Monday 31st December 2018 we re-open on Thursday 3rd January so only Thursday and Friday will be served from this menu.



Autumn & Winter Nursery Menu 2018

Week 2 of 3

Allergens: We have clearly marked all allergens on this menu, including vegetarian dishes with a (V). For the allergens please see key below these menus. If you have any questions regarding the nursery menu, please speak to a member of the management team

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
A selection of cereal, toast, fruit and yoghurt is available every morning				
Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)
Lunch Chicken & vegetable stir fry with noodles (1,2,4,7,13) Jam sponge with pink custard	Lunch Meat & potato pie with mash, swede & carrots (1,7,13) Autumn Fruit Jelly	Lunch Chilli con carne with mixed rice (1,7) Bananas with custard	Lunch Chef's roast of the day with roast potatoes & seasonal vegetables (1,7,13) Rice pudding with jam	Lunch Vegetable pasta bake (1,7,13) Crispy cakes
Afternoon Tea Ploughman's tea with selection of fillings & salad (2,7) Yoghurts	Afternoon Tea Ravioli on toast (2,4) Fruit platter	Afternoon Tea Fish fingers & spaghetti (2,5,7) Fruit cheese cake	Afternoon Tea Pitta pockets with selection of fillings & salad (2,7) Fruit whip	Afternoon Tea Chicken Goujons with beans (2) Fruit platter

This Menu will be served on week's commencing: 8/10/18, 29/10/18, 19/11/18, 10/12/18, 7/1/19, 28/1/19, 18/2/19 and 11/3/19



Autumn & Winter Nursery Menu 2018

Week 3 of 3

Allergens: We have clearly marked all allergens on this menu, including vegetarian dishes with a (V). For the allergens please see key below these menus. If you have any questions regarding the nursery menu, please speak to a member of the management team.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast A selection of cereal, toast, fruit and yoghurt is available every morning				
Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)
Lunch Lasagne with garlic bread (1,2,4,7,13) Pineapple sponge cake	Lunch Chicken hotpot with seasonal vegetables (1,7,13) Autumn fruit crumble	Lunch Chef's roast of the day with potatoes & seasonal vegetables (1,13) Fruit platter	Lunch Cowboy pie with mash potato, peas and sweetcorn (1,7,13) Jam tart	Lunch Bolognese pasta bake (1,13) Fruit platter
Afternoon Tea Pitta pockets with selection of fillings & salad sticks (2) Fruit platter	Afternoon Tea Spaghetti on toast (2,7) yoghurts	Afternoon Tea Sandwiches with a selection of fillings & salad (2,7) Ginger biscuit	Afternoon Tea Cheese wedges & spaghetti (7) Fruit platter	Afternoon Tea Sausage rolls with beans (7) yoghurts

This Menu will be served on week's commencing: 15/10/18, 5/11/18, 26/11/18, 17/12/18, 14/1/19, 4/2/19, 25/2/19 and 18/3/19

On week commencing Monday 17th December 2018 the dishes served may vary from those highlighted above as Christmas lunches and parties will be scheduled. For more information please speak to a member of the management team closer to the time.