



Nursery Menu

Spring & Summer 2021 - Week 1

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (served until 8am)	A selection of cereals or toast with milk is available every morning (2,7)				
Morning Snack (served from 10am)	Watermelon	Homemade oat cookies (2,4,7)	Kiwi and blueberries	Banana slices	Breadsticks with soft cheese (2,7)
Lunch (served from 11:30am) Starter		Guacamole with homemade tortilla chips (7,14)		Melon slices	
Lunch Main	Lentil fritters with carrot and courgette ribbons (VE) (2,12)	Beef chilli with homemade potato wedges	Jamaican fish curry with brown rice (V) (2)	Chicken and lentil shepherd's pie with peas (2,7)	Vegetable lasagne with Chef's salad (V) (2,7)
Lunch Dessert	Peach and raspberry fruit salad with mascarpone (7)		Chocolate profiteroles (2,4,7)		Strawberry and banana smoothie (VE) (2)
Afternoon Tea (served from 3pm)	Two-cheese and tomato sandwiches with carrot and cucumber sticks (2,7)	Sundried tomato and basil pinwheels with pepper sticks (2,7)	Chicken salad sandwiches with carrot and cucumber sticks (2,7)	Ploughman's Tea (1,2,7)	Ham salad sandwiches with carrot and cucumber sticks (2,7)

This menu will be served on week's commencing 5th April, 26th April, 17th May, 7th June, 28th June, 19th July, 9th August, 30th August and 20th September

Our nursery menus incorporate lots of exciting flavours, textures and colours to make meal times exciting (along with some child-favourites too). Where possible, we try to incorporate "5 a Day" taking into account morning snack, lunch and afternoon tea. Children have access to water and milk throughout the day. Vegetarian dishes are marked with a (V) and Vegan with a (VE). Allergens are displayed in brackets next to each dish. Children with dietary requirements and allergies are catered for separately but our nursery chef will do their best to keep their meal as close to the menu as possible. Whilst our chef's do their best to cater for those with allergies or intolerances we cannot guarantee the total absence of nuts or allergens in our food.



Nursery Menu

Spring & Summer 2021 - Week 2

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (served until 8am)	A selection of cereals or toast with milk is available every morning (2,7)				
Morning Snack (served from 10am)	Banana slices	Breadsticks with soft cheese (2,7)	Homemade oat cookies (2,4,7)	Kiwi and blueberries	Watermelon
Lunch (served from 11:30am) Starter			Onion bhaji with raita (2,7)		Baba ghanoush with flat bread (2,12)
Lunch Main	Jacket potato with home-baked beans and cheese (V) (1,5,7)	Mediterranean chicken tray bake (7)	Spinach, sweet potato and lentil dahl (VE) (2,12)	Salmon egg-fried rice (2,4,5,12)	Moussaka with Greek salad (2,4,7)
Lunch Dessert	Victoria sponge cake (2,4,7)	Frozen strawberry yoghurt (7)		Lemon Cheesecake (VE)	
Afternoon Tea (served from 3pm)	Two-cheese and tomato sandwiches with carrot and cucumber sticks (2,7)	Sausage plait with tomato sauce (2,4,7)	Ham salad sandwiches with carrot and cucumber sticks (2,7)	Tomato bruschetta with mozzarella (2,7)	Chicken salad sandwiches with carrot and cucumber sticks (2,7)
This menu will be served on week's commencing 12 th April, 3 rd May, 24 th May, 14 th June, 5 th July, 26 th July, 16 th August, 6 th September and 27 th September					

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Nursery Menu

Spring & Summer 2021 - Week 3

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (served until 8am)	A selection of cereals or toast with milk is available every morning (2,7)				
Morning Snack (served from 10am)	Kiwi and blueberries	Watermelon	Breadsticks with soft cheese (2,7)	Banana slices	Homemade oat cookies (2,4,7)
Lunch (served from 11:30am) Starter	Skinny carrot fries (2)			Mini papadums with mango chutney (2,11,12)	
Lunch Main	Summer risotto with mint and marjoram pesto (V) (2,7)	Sticky pork lettuce wraps (12)	Pappardelle pasta with roasted red pepper sauce (V) (2,7)	Chicken curry with basmati rice (2)	Fish cakes with sweet potato mash, peas and sweetcorn (V) (2,4,5,7)
Lunch Dessert		Banana Bread (2,4,7)	Mango and pineapple smoothie (VE) (2)		Blueberry muffins (2,4,7)
Afternoon Tea (served from 3pm)	Two-cheese and tomato sandwiches with carrot and cucumber sticks (2,7)	Homemade nachos topped with cheese, tomato salsa and guacamole (2,7,14)	Chicken salad sandwiches with carrot and cucumber sticks (2,7)	Cheese and bacon potato boats with cherry tomatoes (7)	Ham salad sandwiches with carrot and cucumber sticks (2,7)
This menu will be served on week's commencing 19 th April, 10 th May, 31 st May, 21 st June, 12 th July, 2 nd August, 23 rd August and 13 th September					

Our nursery menus incorporate lots of exciting flavours, textures and colours to make meal times exciting (along with some child-favourites too). Where possible, we try to incorporate "5 a Day" taking into account morning snack, lunch and afternoon tea. Children have access to water and milk throughout the day. Vegetarian dishes are marked with a (V) and Vegan with a (VE). Allergens are displayed in brackets next to each dish. Children with dietary requirements and allergies are catered for separately but our nursery chef will do their best to keep their meal as close to the menu as possible. Whilst our chefs do their best to cater for those with allergies or intolerances we cannot guarantee the total absence of nuts or allergens in our food.