



Nursery Menu

Spring & Summer 2022 v.1 - Week 1

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (served until 8am)	Children can choose from either a selection of sugar-free cereals with milk or Chef's overnight oats (2,7)				
Morning Snack (served from 9:30am)	Kiwi and blueberries	Avocado toast (V) (2)	Strawberries and raspberries	Lemon curd flapjack (2,4,7)	Watermelon
Lunch (served from 11:30am) Starter	Cheesy garlic bread (V) (2,7)				
Lunch Main	Vegetable lasagne with Chef's salad (V) (2,7)	Lamb, squash and apricot tagine with vegetable cous cous (1,2,7)	Salmon egg-fried rice (V) (2,4,5,12)	Chicken and lentil shepherd's pie with peas (2,7)	Cheese and tomato quiche with smashed new potatoes and Chef's salad (V) (2,4,7)
Lunch Dessert		Peach and raspberry fruit salad with mascarpone (7)	Lemon cheesecake (2,4,7)	Banana split (7)	Strawberry and banana smoothie (VE) (2)
Afternoon Tea (served from 3pm)	Cheese and tomato sandwiches with cucumber and carrot sticks (V) (2,7)	Ploughman's Tea (1,2,7)	Chicken salad sandwiches with cucumber and carrot sticks (2,7)	Cheesy courgette muffins with pepper sticks (V) (2,4,7)	Tuna crunch sandwiches with cucumber and carrot sticks (V) (2,5,7)
Afternoon Snack (served from 5pm)	Kiwi and blueberries	Avocado toast (V) (2)	Strawberries and raspberries	Homemade oat cookies (2,4,7)	Watermelon
This menu will be served on week's commencing 4 th April, 25 th April, 16 th May, 6 th June, 27 th June, 18 th July, 8 th August, 29 th August and 19 th September.					

Our nursery menus incorporate lots of different flavours, textures and colours to make meal times exciting (along with some child-favourites too). Where possible, we try to incorporate "5 a Day" taking into account morning snack, lunch and afternoon tea. Children have access to water and milk throughout the day. Vegetarian dishes are marked with a (V) and Vegan with a (VE). Allergens are displayed in brackets next to each dish. Children with dietary requirements and allergies are catered for separately but our nursery chef will do their best to keep their meal as close to the menu as possible. Whilst our chef's do their best to cater for those with allergies or intolerances, we cannot guarantee the total absence of nuts or allergens in our food.



Nursery Menu

Spring & Summer 2022 v.1 - Week 2

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (served until 8am)	Children can choose from either a selection of sugar-free cereals with milk or Chef's overnight oats (2,7)				
Morning Snack (served from 9:30am)	Watermelon	Homemade oat cookies (2,4,7)	Kiwi and blueberries	Avocado toast (V) (2)	Strawberries and raspberries
Lunch (served from 11:30am) Starter			Melon slices		
Lunch Main	Lentil and vegetable Bolognese with herby lemon potato wedges (VE) (1)	Chicken gyros with tzatziki (2,7)	Beef chilli with homemade tortilla chips (1,7)	Halloumi and quinoa Fattoush (V) (2,7)	Fish cakes with sweet potato mash, peas and sweetcorn (V) (2,4,5,7)
Lunch Dessert	Banana Bread (2,4,7)	Courgette and orange cake (2,4,7)		Mango and pineapple smoothie (VE) (2)	Frozen strawberry yoghurt (7)
Afternoon Tea (served from 3pm)	Cheese and tomato sandwiches with cucumber and carrot sticks (V) (2,7)	Tomato bruschetta with mozzarella (V) (2,7)	Chicken salad sandwiches with cucumber and carrot sticks (2,7)	Baked potato topped with sour cream and chive (V) (7)	Ham salad sandwiches with cucumber and carrot sticks (2,5,7)
Afternoon Snack (served from 5pm)	Watermelon	Homemade oat cookies (2,4,7)	Kiwi and blueberries	Avocado toast (V) (2)	Strawberries and raspberries
This menu will be served on week's commencing 11 th April, 2 nd May, 23 rd May, 13 th June, 4 th July, 25 th July, 15 th August, 5 th September and 26 th September.					

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Nursery Menu

Spring & Summer 2022 v.1 - Week 3

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (served until 8am)	Children can choose from either a selection of sugar-free cereals with milk or Chef's overnight oats (2,7)				
Morning Snack (served from 9:30am)	Strawberries and raspberries	Avocado toast (V) (2)	Watermelon	Lemon curd flapjack (2,4,7)	Kiwi and blueberries
Lunch (served from 11:30am) Starter					Mini papadums with mango chutney (V) (2,11,12)
Lunch Main	Courgette, spinach and feta borek with Greek salad (V) (2,4,7,12)	Haddock mac and cheese (V) (2,4,7)	Hungarian pork goulash with new potatoes	Tomato and courgette risotto (V) (1,7)	Chicken curry with basmati rice (2)
Lunch Dessert	Baked pineapple with crème fraiche (7)	Raspberry sorbet with shortbread fingers (2,7)	Super berry smoothie (VE) (2)	Victoria sponge cake (2,4,7)	
Afternoon Tea (served from 3pm)	Cheese and tomato sandwiches with cucumber and carrot sticks (V) (2,7)	Sausage plait with tomato sauce (2,7)	Chicken salad sandwiches with cucumber and carrot sticks (2,7)	Cheese and bacon potato boats with cherry tomatoes (7)	Tuna crunch sandwiches with cucumber and carrot sticks (V) (2,5,7)
Afternoon Snack (served from 5pm)	Strawberries and raspberries	Avocado toast (V) (2)	Watermelon	Lemon curd flapjack (2,4,7)	Kiwi and blueberries

This menu will be served on week's commencing 18th April, 9th May, 30th May, 20th June, 11th July, 1st August, 22nd August and 12th September.

Our nursery menus incorporate lots of different flavours, textures and colours to make meal times exciting (along with some child-favourites too). Where possible, we try to incorporate "5 a Day" taking into account morning snack, lunch and afternoon tea. Children have access to water and milk throughout the day. Vegetarian dishes are marked with a (V) and Vegan with a (VE). Allergens are displayed in brackets next to each dish. Children with dietary requirements and allergies are catered for separately but our nursery chef will do their best to keep their meal as close to the menu as possible. Whilst our chefs do their best to cater for those with allergies or intolerances, we cannot guarantee the total absence of nuts or allergens in our food.