



Autumn & Winter Nursery Menu 2019

Week 1 of 3

Allergens: We have clearly marked all allergens on this menu, including vegetarian dishes with a (V). For the key please see the Food Standards Agency poster, located next to this menu. If you have any questions regarding the nursery menu please speak to a member of the management team.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
A selection of cereal, toast, fruit and yoghurt is available every morning				
Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)
Lunch Three-bean chilli with mixed rice (1,2,4,6) (V) Bananas and vanilla custard (7)	Lunch Chicken crumble with potatoes and seasonal vegetables (2) Puff pastry tart (2)	Lunch Beef lasagne with vegetables and garlic bread (2,4,7) Chef's Cake of the Day (2,4,7)	Lunch Toad in the hole with mashed potatoes and seasonal vegetables (2,4,7) Fruit Platter	Lunch Fish and chips with peas (2,4,5,7) (V) Fruit Platter
Afternoon Tea Chef's choice of sandwiches with vegetable sticks (2,4,5,7) Flapjack (2,7)	Afternoon Tea Beans on wholemeal toast (2,7) Fruit Platter	Afternoon Tea Chef's choice of sandwiches with vegetable sticks (2,4,5,7) Yoghurt (7)	Afternoon Tea Loaded potato skins with beans (7) Chocolate-chunk brownie (2,4,7)	Afternoon Tea Chef's choice of sandwiches with vegetable sticks (2,4,5,7) Chef's Cheesecake (2,7)

This Menu will be served on weeks commencing: 7/10/19, 28/10/19, 18/11/19, 9/12/19, 30/1/20, 20/1/20, 10/2/20, 2/3/20 and 23/3/20



Autumn & Winter Nursery Menu 2019

Week 2 of 3

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Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast A selection of cereal, toast, fruit and yoghurt is available every morning				
Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)
Lunch Chicken curry with mixed rice and naan bread (7) Fruit Platter	Lunch Beef Ragu with potato wedges (2,4,7) Rice Pudding (7)	Lunch Chef's Pie of the Day with seasonal vegetables (2,4,7) Fruit Crumble (2,4,7)	Lunch Chilli con carne with mixed rice (1) Fruit Platter	Lunch Ocean Pie with seasonal vegetables (5,7) (V) Yoghurt (7)
Afternoon Tea Homemade Pizza with mixed salad (2,7) Winter Eton Mess (4,7)	Afternoon Tea Chef's choice of sandwiches with vegetable sticks (2,4,5,7) Fruit Platter	Afternoon Tea Spaghetti Hoops on wholemeal toast (2,7) Fruit Platter	Afternoon Tea Cheesy potato wedges with beans (7) Chris' Chocolate Surprise (2,4,6,7)	Afternoon Tea Chef's choice of sandwiches with vegetable sticks (2,4,5,7) Fruit Platter

This Menu will be served on week's commencing: 14/10/19, 4/11/19, 25/11/19, 16/12/19, 6/1/20, 27/1/20, 17/2/20, 9/3/20 and 30/3/20

On week commencing Monday 16th December 2019 the dishes served may vary from those highlighted above as Christmas lunches and parties will be scheduled. For more information please speak to a member of the management team closer to the time.



Autumn & Winter Nursery Menu 2019

Week 3 of 3

Allergens: We have clearly marked all allergens on this menu, including vegetarian dishes with a (V). For the key please see the Food Standards Agency poster, located next to this menu. If you have any questions regarding the nursery menu please speak to a member of the management team.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
A selection of cereal, toast, fruit and yoghurt is available every morning				
Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)	Snack A selection of vegetables, fruit, breadsticks and rice cakes (1,2,7)
Lunch Meatballs in a tomato sauce with spaghetti (2) Fruit Platter	Lunch Chef's Pie of the Day with seasonal vegetables (2,4,7) Chef's Cake of the Day (2,4,7)	Lunch Chef's Roast of the Day with roast potatoes, stuffing and seasonal vegetables (7) Fruit Platter	Lunch Bolognese pasta bake with garlic bread (2,7) Fruit Platter	Lunch Chicken Casserole with potatoes and seasonal vegetables (1,2) Chef's Cheesecake (2,7)
Afternoon Tea Chef's choice of sandwiches with vegetable sticks (2,4,5,7) Flapjack (2,7)	Afternoon Tea Beans on wholemeal toast (2,7) Fruit Platter	Afternoon Tea Wholemeal Pitta pockets with a chef's choice of fillings with mixed salad (1,2,4,5,7) Chef's Cake of the Day (2,4,7)	Afternoon Tea Loaded potato skins with beans (7) Yoghurt (7)	Afternoon Tea Chef's choice of sandwiches with vegetable sticks (2,4,5,7) Fruit Platter

This Menu will be served on week's commencing: 21/10/19, 11/11/19, 2/12/19, 23/12/19, 13/1/20, 3/2/20, 24/2/20 and 16/3/20